

Lauren's case



Rose Hartzell, PhD, EdS
Sex Therapist
San Diego Sexual Medicine



Psychological Assessment for Surgery

Assessment

- Assess Determine expectations (both pt and partner)
 - Talked to other women who have had surgery?
- Assess History of mental illness (e.g. anxiety, depression, panic attacks, etc)
- Assess Explore motivations for surgery
 - For whom is this surgery procedure being done?
- Assess Why now?



Psychological Management of Surgery

☞ Management

☞ Address concerns

☞ Pt and partner education- Bartholin's cyst

☞ Recovery

☞ Provide local referrals or follow-up care

☞ AASECT

☞ Assist in transition back into intercourse

