



Functional Sexual Anatomy

Pelvic Floor and Sexual Medicine

3rd Annual Inland Empire Edition

In Collaboration with:

Loma Linda University School of Allied Health Professions

Loma Linda University Cadaveric Labs

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A Special Thanks:

LLU Anatomy Department; Dr. Luo, Dr. Nava

Dr. Valenzuela

Vaginismus.com

Accent Medical

Registration Attendants

Station 1

“Structural Female Anatomy”

Karen Brandon, DSc PT, WCS

External genitalia

Mons, clitoris and hood, Labii, urethral meatus, Skene’s glands, vestibule, introitus, posterior forchette, anus

Orientation surface anatomy

Bony structures (pubic symphysis, sacrum, coccyx, acetabulum, humeral head, Iliums/ischiums)

Ischial tuberosities, perineal body, superficial layer muscle, deep layer muscle

Visceral Organs

Bladder, uterus, rectum, fallopian tubes, ovaries , ureters

Muscles superficial to Deep (see handout)

Support Tissues, Nerves, Blood supply

Round lig, Broad lig, Arcus Tendoneus, Pudendal N with branches,

Pudendal A, V

Dysfunctions that affect participation in sexual activity

Vestibulodynia (Hormone Med/Neuro Prolif) Generalized Vulvodynia

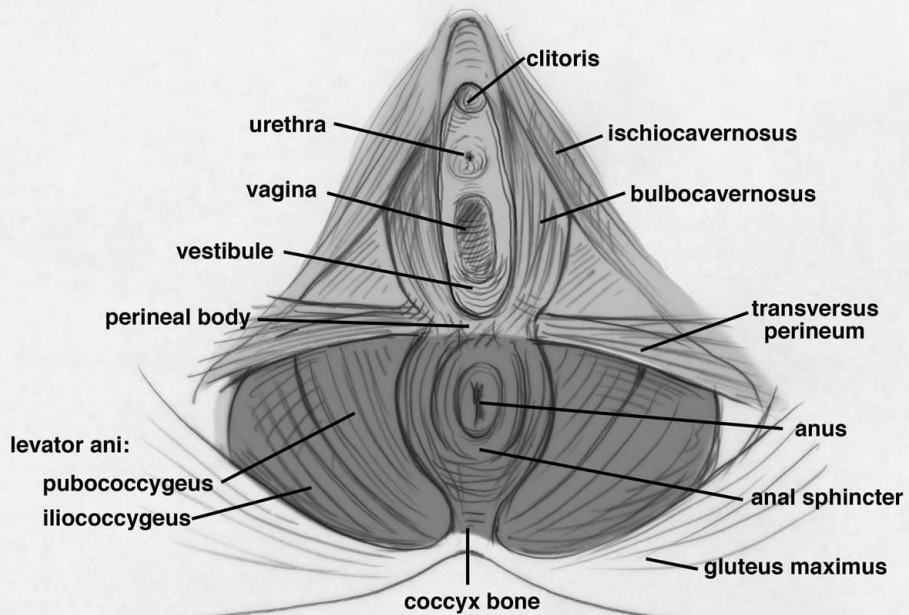
Clitoral problems (hood restriction, PGAD, lichens, deestrogenized)

Muscular problems (hypertonicity (vaginismus), hypotonicity, referral patterns)

Nerve problems (areas of potential compression)

Coital Incontinence (position of bladder, OAB, sexual positions)

Illustration #2 Female Pelvic Floor Anatomy



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Pelvic Diaphragm of Female Superior View

